

CROWNE PLAZA HAWKESBURY VALLEY

FEBRUARY 11-13 2022

PURPOSE, PRIDE & PASSION

RETREAT 2022

EMCEED BY
THE FABULOUS
TONI PEAREN

Australian
Doula College
HONOURING LIFE'S TRANSITIONS



PROGRAM

FRIDAY 11

9:00-10:00	Welcome Welcome to Country
10:00-10:45	-Purpose, Pride & Passion <i>Renee Adair</i>
10:45-11:00	Morning Tea
11:00-12:45	-Conscious Practices <i>Dr. Therese Perdedjian</i>
12:50-1:35	Lunch
1:35-2:20	-Title To Be Advised <i>Bashi Harzzard - Lawyer</i>
2:25-3:25	-Positive Doula Stories <i>Variety of Consumers Stories</i>
3:30-3:45	Afternoon Tea
3:45-6:30	Free Time
5:30-6:30	Gin Tasting (Optional)
6:30	Opening Dinner

PROGRAM

SATURDAY 12 (AM)

7:00-8:00	Bushwalk / Yoga
8:00-9:00	Breakfast
9:00-9:10	Welcome Back
9:10-10:30	-Djakamirr, Caretaker of Pregnancy & Birth (Indigenous Doula Project) <i>Dr. Sarah Island</i> <i>Ass. Prof. Lawurrpa Mayilama</i>
10:40-11:25	-Find Your Voice with Soulful Mummas Singing <i>Rebekah Jensen - Singer/Songwriter</i>
11:30-11:45	Morning Tea
11:45-12:30 -----OR-----	-Dying At Home <i>Victoria Spence / Life Rites</i>
11:45-12:30	-Waking the Sleeping Giant of Maternity Care - Expectant Dads <i>Steven Kennedy</i>
12:35-1:20 -----OR-----	-Ten Things to Know Before You Go <i>Linda Fitzhardinge / The Groundswell Project</i>
12:35-1:20	-Perinatal Anxiety and Depression <i>Sarah Tooke / Gidget Foundation Australia</i>

PROGRAM

SATURDAY 12 (PM)

1:25-2:10

Lunch

2:10-2:55

-Speaker To Be Advised

-----OR-----

2:10-2:55

-Midwife & Doula / Friend or Foe
Dr. Elaine Jefford / SCU

3:00-3:45

-After Death Body Care
Victoria Spence / Life Rites

-----OR-----

3:00-3:45

-Hands On Robozo Session
ADC Team

3:50-4:05

Afternoon Tea

4:05-4:50

-The Death Letter Project
Tina FiveAsh

-----OR-----

4:05-4:50

-EmbodyBirth
Maha Al Musa

4:55-7:00

Free Time

7:00

Retreat Dinner

PROGRAM SUNDAY 13

8:00-9:00

Breakfast

9:00-9:30

Free Time / Room Checkouts

9:30-10:15

-Q & A Panel & Presentation
Guest Speakers

10:20-11:05

-Abortion Doula Pilot
*Rachael Smith - Children By Choice
& Australian Doula College*

11:10-11:25

Morning Tea

11:25-12:10

-Where To From Here?
Your Purpose, Pride & Passion

12:15-12:45

Closing Ceremony

12:45

Lunch

Should, for any reason outside the control of the ADC, the venue or speakers change or the event be cancelled, the ADC will endeavour to reschedule. In this instance the delegate will indemnify and hold the ADC harmless from and against any and all costs, damages and expenses.

The ADC acknowledges the Traditional Custodians of the land on which we work and live, and recognises their continuing connection to land, water and community. We pay respect to Elders past, present and emerging.